SPECIALIZED CARE THAT OFFERS GUIDANCE AND SUPPORT AS PATIENTS AND FAMILIES FACE SERIOUS ILLNESS



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Palliative care services have been so helpful as my mom has been going through her illness.

I love that the team focuses on the whole person—and what's most important to my mom and family.

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For patient care questions call our Palliative Care phone line at 952-883-6875.

Patient Non-Discrimination

We follow Federal civil rights laws. We do not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN:

Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-363-8974 (TTY: 711).

LUS CEEV:

Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-844-363-8974 (TTY: 711).

OGAYSIIS:

Haddii aad ku hadasho afka soomaaliga, Waxaa kuu diyaar ah caawimaad xagga luqadda ah oo bilaash ah. Fadlan soo wac 1-844-363-8974 (TTY: 711).





Community-Based Palliative Care

LIVING WELL WITH YOUR SERIOUS ILLNESS



About Our Services

Community-Based Palliative Care provides compassionate care and services. We focus on quality of life and goals of care.

- You can continue to receive treatment for your serious illness while you receive palliative care services.
- You can receive palliative care services when a cure for your serious illness is possible.
- You do not need to be confined to your home to receive palliative care.
- You can receive our services at the same time as you get home care and other types of community services.

We help you and your family as you make difficult decisions about your care. We provide education, support and counsel to guide you in this process.

Our team may include a nurse, social worker, spiritual counselor, doctor and nurse practitioner. We work with your primary care team to ensure you receive the support you need.

As part of our services, our team works with you to create health care directive. A health care directive identifies health care wishes and a person (also known as a health care agent) who can make health care decisions for you if you are not able to make them.

Special services

- · Home visit by the palliative care team
- Help with advance care planning, setting goals of care and completing a health care directive
- Supportive counseling to address your emotional and spiritual needs
- Regular coordination and communication with your primary care physician and other care team members to ensure
 Continuity of care
 management of your pain and symptoms
- Education and information about your serious illness
- Discussion about benefits and burdens of possible treatments

Insurance

Many insurance plans have a palliative care benefit. Coverage may vary.
Check with your plan to learn more.

FOR MORE INFORMATION

Call Palliative Care at **952-883-6875**.

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The goals I have with my health became clearer after I explored them with my palliative care team.

I understand more about what I want for myself, and now my care team is on the same page with me.

