



You are Invited to the 11th Annual
COMMUNITY BREAKFAST

Thursday, February 28, 2019

7:30 to 8:30 a.m.

Lake Elmo Inn Event Center

3712 Layton Ave. N., Lake Elmo, MN

Learn how we can work together with PowerUp to make a difference in our community. PowerUp in the St. Croix Valley is a community-wide initiative focused on making it easy and fun for kids and families to eat better and move more.

Enjoy a complimentary breakfast. There is no cost to attend.

Register at lakeviewfoundation.org/newsandevents by February 22. For questions call 651-430-8732.



11TH ANNUAL
COMMUNITY BREAKFAST

**Patient Safety Drives
Emergency Department Remodel**

In order to promote safety for our staff and patients, we have made changes to patient rooms in our Emergency Department. The Joint Commission, the nation's oldest and largest standards-setting and accrediting body in health care, recently published a special report outlining "serious environmental hazards" to patients experiencing a mental health crisis in healthcare facilities.

Updated patient space includes removal of or option to enclose potential ligature sites (points at which a patient could hang oneself) as well as removal of objects which could be used as weapons against staff, other patients, or oneself. Aesthetic alterations include an enclosed television and specially selected art work to create and support a healing environment.

Upgrades to the Emergency Department were made possible by a funding from the Lakeview Health Foundation.



Emergency Department Patient Room

Each of the programs detailed in this newsletter are possible because of our generous donors. Please consider making a gift today at lakeviewfoundation.org

If you do not wish to be contacted by mail or by telephone, please write to Lakeview Health Foundation at 927 Churchill St W, Stillwater, MN 55082 or call us at 651/430-8732, to no longer receive fundraising communications from Lakeview Health Foundation.

**Integrative Health
Program Benefits from
October Gala**

Guests at the 2018 Lakeview Health Foundation Gala pledged their support to the Lakeview Hospital Integrative Health Program.

The 11th annual gala was held Friday, Oct. 26 at the JX Event Venue in Stillwater. More than 280 attendees raised \$136,000 for integrative therapies such as massage, healing touch, music therapy and healing arts at the hospital and Stillwater Medical Group clinics.

Gifts made at the event will help support an expansion of the Integrative Health Program at Lakeview, by increasing the availability of the music and massage therapies to patients. In health care, music and massage therapy is the clinical and evidence-based application of music and massage interventions to help reduce patients' pain, stress, anxiety and depression.



2018 Lakeview Foundation Gala

“We hear almost daily how our integrative therapies help improve patients' mood, which can help put them in a better state of mind for their medical treatment. We are grateful that the community sees the same value in these therapies and the support will enable us to make them available to more patients.”

- Paul Erickson, Executive Director of Lakeview Health Foundation

**Lakeview Breast Health
Center Receives \$11,000
Donation**

Donations from the Stillwater Eagles 94 totaling \$11,000 were presented to the Lakeview Health Foundation. A collection during Breast Cancer Awareness Month in October raised the funds for the Lakeview Breast Health Center and will be used to improve patient care.



Stillwater Eagles 94 Fundraiser



Lakeview Health Foundation
927 Churchill Street West, Stillwater, MN 55082
Lakeviewhealth.org/LakeviewFoundation | 651-430-4556

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About Lakeview Health Foundation

Lakeview Health Foundation is part of HealthPartners, the largest consumer-governed, non-profit health care organization in the nation with a mission to improve health and well-being in partnership with members, patients and the community. Lakeview Health Foundation is a dynamic resource working to enhance the health and wellness of the people served through the Lakeview Health system and its related partners. Through philanthropy, the Lakeview Health Foundation develops resources to identify and support initiatives that enable Lakeview Health to fulfill its mission - to promote and sponsor superior health and wellbeing services.

(Re)introducing the Cedar Bend Society

Planned Giving (long definition):

A meaningful expression of commitment to ones community thru **tax-savvy, value-driven, charitably-inclined/ motivated estate planning** (that provides donor flexibility based on the evolution of personal circumstances).

Lakeview Health Foundation honors donors who have demonstrated a commitment to the future of Lakeview and the St. Croix Valley community by including the Foundation in their estate plans by inducting them into the Cedar Bend Society.

"Cedar Bend" derives its name from a cedar tree-lined curve along the St. Croix River, which was a significant marker for early settlers of the St. Croix Valley.

To learn more about becoming a member of the Cedar Bend Society, please call Paul Erickson. At 651/430-8735 or email Paul.L.Erickson@lakeview.org



Lakeview Hospital Homecare Receives Elite Recognition

Lakeview Hospital Homecare has been named to the Top 500 of the 2018 HomeCare Elite for the seventh time.

HomeCare Elite identifies the top 25 percent of agencies annually and highlights the top 500 agencies overall.

"Our mission is to provide quality care for our neighbors at home," said Denise Plourde, Director of Lakeview Hospital Homecare & Hospice. "We are very proud that the hard work and dedication of our staff has been recognized by this national organization."

"During a time of increasing demands on home health professionals' time and attention, these caregivers and leaders have demonstrated that they have prioritized their patients and created a solid foundation for serving their communities and partnering with other healthcare providers," said Christine Lang, senior director for ABILITY Network.

Did you know? Lakeview Hospital Homecare is:

- one of only two homecare agencies in the Twin Cities metro with Elite Top 500 status;
- one of only seven homecare agencies in Minnesota with Elite Top 500 status;
- the only homecare agency in west central Wisconsin to win Elite Top 500 status;
- one of only seven homecare agencies in Wisconsin with Elite Top 500 status;
- the only homecare agency in its coverage area with Elite Top 500 status.

The PowerUp Try for 5 School Challenge is Back!

The PowerUp Try for 5 School Challenge is back in schools throughout the Valley for it's eighth year. The school challenge is a three-week, school-based program inspiring kids to Try for 5 fruits and veggies every day.

PowerUp is hitting the classrooms with a fun, high-energy kick-off that gets student up moving and grooving, while cheering for and getting excited about trying fruits and veggies! During the kick-off students get to try five different veggies and vote on their favorites – right in their classroom!

The PowerUp School Challenge is just one of the ways PowerUp partners with schools to help encourage positive changes within the school environment to make it easier to eat better and move more.

In 2012, the Try for 5 PowerUp School Challenge program began working with elementary schools to encourage kids to Try for 5 fruits and vegetables every day. Now more than 25,000 students throughout the Valley and Twin Cities metro area participate annually in this fun program to Try for 5 and PowerUp! In fact, 85% of school staff and 73% of families report kids eat more fruits and vegetables as a result of the HealthPartners PowerUp School Challenge.*

*Based on 1,098 survey respondents.



PowerUp School Challenge at Somerset Elementary

To learn more about the PowerUp School Challenge along with other fun ways to PowerUp, including kid-approved recipes visit healthpartners.com/powerupfamily

“What you are doing is absolutely working! My reluctant veggie eater is sitting her not only eating his roasted veggies for dinner, but finishing off his raw veggies from the PowerUp School Challenge.”

- Katy, Parent

February 28, 2019 Community Breakfast
June 6, 2019 Winemaker's Forum
October 25, 2019 LHF Gala