



5th Annual Doug Allen Memorial Trail Races

To Whom It May Concern,

Dr. Allen served as a hospitalist at Lakeview Hospital at the time of his passing in August of 2013. Running was a lifestyle for Doug and outside of his family and practice of medicine Doug's passion was focused on the sport of "ultra-marathon" running. He was committed to the sport and found pleasure in challenging himself to discover what he could accomplish. For Doug it was about goal setting and achievement; of pushing oneself to the next level. The ultimate goal was to live a healthy lifestyle, and he found fun, exciting ways to accomplish this.

In recognition of Doug's service, commitment and passion, Lakeview Health Foundation established the Dr. Douglas Allen Scholarship.

For the first three years the Lakeview Health Foundation conducted a running event in memory of Dr. Doug Allen to raise funds that support the scholarship. In 2017 the events were continued by the Allen Family with support from many others.

The 5th Annual Doug Allen Memorial Trail Races will be held on October 6th at the Lake Elmo Park Reserve. Races will include the 6 Hour Shuffle along with the Night Owl 5 and 10K races.

Your support of this event will help to ensure its success and sustainability while providing an annual healthy activity for all ages to participate in. Proceeds from the race go to the Dr. Doug Allen Memorial Scholarship Fund. Scholarships are given by the Lakeview Hospital Foundation, Stillwater, MN to students pursuing a career in medicine.

Please become a sponsor at any level by completing the attached 2018 Event Sponsor Form and mailing with your check payable to "Doug Allen Memorial Scholarship Races" to: Greg Allen – Race Director, 8430 Haeg Dr, Bloomington, MN 55431

Thank you for your consideration.

You are invited to check out the websites for additional details and information.

www.nightowlraces.org

www.lakeviewfoundation.org